



## FREDERICK COUNTY GOVERNMENT

### DIVISION OF EMERGENCY MANAGEMENT

Department of Emergency Preparedness

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County Executive

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#### NEWS RELEASE

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FOR IMMEDIATE RELEASE:

Date: October 28, 2015

#### END OF DAYLIGHT SAVING TIME BRINGS REMINDER TO CHECK EMERGENCY PREPAREDNESS KITS

**FREDERICK, MD** - Frederick County emergency preparedness partners, including the Emergency Preparedness Department, Office of the Fire Marshal, the Health Department, Fire & Rescue Services, law enforcement agencies, and the American Red Cross, unite to remind citizens that when it is time to change their clocks due to the end of daylight saving time on Sunday, November 1, it is time to refresh their emergency supplies.

Public safety officials encourage families and businesses to change the batteries in their smoke alarms if they are equipped with replaceable batteries and to refresh their emergency supply kit. Make sure the kit isn't missing any items and that the food or medications have not expired. For those who have not prepared a kit, now is the time to create one.

The basic emergency kit should contain items such as: water, non-perishable food, flashlight, battery-powered or hand-crank radio, extra batteries, first aid kit, medications, copies of personal documents and medical information, cell phone with chargers, family and emergency contact information, emergency blanket and map of the area.

Frederick County reminds everyone to refresh their emergency supplies before a disaster occurs. With winter right around the corner add a change of clothing that is seasonally appropriate and have an emergency kit in your car.

More information may be found at [www.getreadyforflu.org/clocksstocks](http://www.getreadyforflu.org/clocksstocks), [www.FrederickCountyMD.gov/READY](http://www.FrederickCountyMD.gov/READY) or [www.redcross.org](http://www.redcross.org) or by contacting the Emergency Preparedness Department at 301-600-1746 or via e-mail at [EM@FrederickCountyMD.gov](mailto:EM@FrederickCountyMD.gov).

Additionally, for more information on smoke alarms, visit [www.FrederickCountyMD.gov/smokealarms](http://www.FrederickCountyMD.gov/smokealarms) or call 301-600-7275.

Citizens are also encouraged to sign up for emergency alerts at [www.FrederickCountyMD.gov/ALERT](http://www.FrederickCountyMD.gov/ALERT).

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